

OptionProfessor.com Quick Alert

November 19th, 2025

# Best Options Idea Mid Week



**BY THE OPTION PROFESSOR**

*Important: This document is intended for informational and entertainment purposes only, please read the full disclaimer on the last page of this document.*

*Now please check out the bonus info below then read on for the new QUICK ALERT from The Option Professor...*

**NEW! [2025 REPORT from The Option Professor \(get it here\)](#)**

## **Master Options Trading Now!**

Unlock your potential with the [OPTIONS MASTER CLASS](#) and [OPTIONS ALERT Service](#), brought to you by Jim, The Option Professor, and Daniel Sinnig.

What You'll Learn:

- Basics & Long Options: Understand weekly options like NVDA, ARM, and more.
- Two-Sided Strategies: Master timing, strike selection, and trade adjustments with real-time examples.
- Trade Adjustments: Learn to manage winning and losing trades and protect your positions.

Who Benefits:

- Traders seeking limited risk and diversification.
- Investors wanting portfolio [protection and cash flow](#).
- Beginners needing a clear understanding of options.
- Experienced traders looking for advanced strategies.

Special Offer:

Receive the OPTIONS MASTER CLASS (\$397 value) with our [OPTIONS ALERT Service](#). Increase your trading skills and learn what strategies we like right now!

**[Sign up now and transform your trading!](#)**

*Keep scrolling for today's alert.*

**The following testimonials have been received for the one-hour coaching session with The Option Professor, CALL 702-873-8038 to get started.**

---

*"In a world of countless analysts, Option Professor stands out. His sense of perspective on all markets and sectors elucidates the big picture, as well as the shorter term. His observations have been remarkably prescient. He is a true, selfless teacher, being highly accessible and incredibly generous with his time. I regret that I did not find this class-act earlier."*

*-Dr. George Fee*

---

*I think the 1 hour meeting was great, it was informative and I think it would help those that are interested in a system*

*that is relative easy to follow and enable one to make money on small swings in the market using options.*

*Thank You,  
Randy B.*

---

*Get to know option professor on one of online webinar as a speaker, and was impressed by his concise way explaining of market movement. During educational hour with him got clear understanding how to use different MA and RSI, as a main tools to catch a movement in right direction. Definitely recommend to receive education from him*

*Oleg B.*

**OptionProfessor Alert:**  
**11/19/25 - Best Options Idea Mid Week**

Today we find out if..... Fear Strikes Out!

What does that mean? It means NVDA earnings will be great, BUT Guidance must be UPBEAT. Any references to power & manufacturing-delivery problems etc. TIMBER!

Reminds me of Boeing's problem of having a huge order backlog but can't fulfill the orders. So, JENSEN, let's keep the mojo going so Fear Strikes Out!

The BEARISH Story is #1 Valuations-AI Slowdown #2 Hawkish Fed #3. DEFLATION-started in China, now US Real Estate #4. Private Credit #5. 4 Yr. Bitcoin Cycle TOPPED at \$127K

The BULLISH Story is #1. Correction Over #2 Monetary & Fiscal Policy EASY #3 GDP Up-Sentiment Down #4. New Highs in Bitcoin negates 4 Yr cycle fears #5 ISM numbers=Fed Cut

Potential Liquidity drivers are tax bill benefits soon, Fed cut-lower mortgages-refi money, stimulus checks, new Fed chairman=super dove, US #1 place=global investors

GOLD-needs closes above \$4120-\$4250 to try assault of the highs/BELOW \$4050-\$3900-Timber. Did Crypto-Quantum-Tech stocks offer HUGE pre-holiday DISCOUNTS this week??

Here's 3 OPTIONS Long Strangle IDEAS all have had substantial corrections

1. Rigetti Computing RGTI - Long Dec 19 29 Call and Long Dec 19 17 Put @ 2.69 or \$269
2. Robin Hood HOOD - Long Dec 19 150 Call and Long Dec 19 85 Put @ 2.48 or \$248 Total Cost

Any QUESTIONS? Simply text me at 725-254-6423 let me know what's a good time to talk or email [optionprofessor@gmail.com](mailto:optionprofessor@gmail.com)

Get Your Special FREE 30-Day Bonus! It's Time to Look Into AI and Stock Picks! STOCK WATCH WEEKLY Uses Advanced Algorithms  
[LEARN How It Works for FREE!](#)

Best, Jim, The Option Professor

*REMEMBER All investing and option trading involve substantial risk of loss and is not right for everyone. CONSULT YOUR BROKERAGE FIRM to determine your own suitability and risk tolerance. Past performance is not indicative of futures results. Information, ideas, and opinions are provided for informational purposes only It is NOT advice*

**OptionProfessor Alert:**  
**11/14/25 - 2 Regional Bank Ideas**

Hi, I just bought Truist Bank TFC Jan 16 47.50 Calls for about \$1 and Lincoln National LNC Jan 16 calls for about \$1  
OR a trader could drop the strike one level and pay about \$2 If you want to send the word out

Financial are looking better. This provides exposure beyond big banks like Citigroup C and Charles Schwab SCH

Any QUESTIONS? Simply text me at 725-254-6423 let me know what's a good time to talk or email [optionprofessor@gmail.com](mailto:optionprofessor@gmail.com)

Get Your Special FREE 30-Day Bonus! It's Time to Look Into AI and Stock Picks! STOCK WATCH WEEKLY Uses Advanced Algorithms  
[LEARN How It Works for FREE!](#)

Best, Jim, The Option Professor

*REMEMBER All investing and option trading involve substantial risk of loss and is not right for everyone. CONSULT YOUR BROKERAGE FIRM to determine your own suitability and risk tolerance. Past performance is not indicative of futures results. Information, ideas, and opinions are provided for informational purposes only It is NOT advice*

**Previous Alert...**

**OptionProfessor Alert:  
11/12/25 - 4 New Mid-Week Ideas!**

The Markets are entering into the last 6 weeks of 2025. Here's a handful of Mid-Week Ideas

1-Biotech, 1-Financial, 1-Energy, 1-Tech Plus a Holiday Trio-Consumer Electronics-Big Box Retailer & a Transport

1. Viking Therapeutics VKTX Long Nov 28 45 Call @ 1.80 or \$180
2. Charles Schwab SCHW Long Dec 19 97.50 Call @ 2.47 or \$247
3. Qualcomm QCOM Long Dec 19 190 Call 2.33 or \$233
4. Chevron CVX Long Dec 19 160 Call 2.35 or \$235

Best Buy BBY Long Jan 16 2026 85 Call 2.64 or \$264

Target Corp TGT Long Jan 16 2026 105 Call @ 2.24 or \$244

United Parcel Service UPS Long Jan 16 2026 100 Call @ 1.90 or \$190

Any QUESTIONS? Simply text me at 725-254-6423 let me know what's a good time to talk or email [optionprofessor@gmail.com](mailto:optionprofessor@gmail.com)

Get Your Special FREE 30-Day Bonus! It's Time to Look Into AI and Stock Picks! STOCK WATCH WEEKLY Uses Advanced Algorithms  
[LEARN How It Works for FREE!](#)

Best, Jim, The Option Professor

*REMEMBER All investing and option trading involve substantial risk of loss and is not right for everyone. CONSULT YOUR BROKERAGE FIRM to determine your own suitability and risk tolerance. Past performance is not indicative of futures results. Information, ideas, and opinions are provided for informational purposes only It is NOT advice*

*BONUS: The Option Professor wrote this market update on 11/09/25...*

BIG NEWS! Last week the S&P 500 dipped toward 6650-then UP & the VIX peaked through 20 and faded-BOTH bullish event-my view.

One of the IDEAS from last week's ALERTS was in Akamai Technologies AKAM--BEFORE earnings-AKAM spiked UP 15% on Friday!

Many traders who did not respect the forecast of a pullback in the first 2 weeks of November have seen premiums erode-BUT

IF S&P 500 can hold the area around 6650 and Close above 6800 with a VIX remaining under 20-18-the final 6 weeks may rip higher.

HOWEVER if we break support and VIX spikes and holds +20, a full 10% reversion toward 6200 is not off the table-stay alert & humble!

GOLD & Bitcoin- both have seen REVERSION so what's my view? I have has specific IDEAS that I have shared with subscribers-here ya go

Gold was very overbought-once the Dollar rebounded we reverted to support at \$3900-back up BUT if it breaks \$3600 neighborhood.

Bitcoin blew off to \$127K Oct 6 and record liquidation Oct 10-big ripples. NOW must close above \$112K-\$117K to see EOY Upside Rip!

CRUDE OIL & HEALTH CARE & FINANCIALS-3 areas that I find intriguing. WHY? #1. The XLE is rising! #2. Pharma's cheap #3. Banks M/A's.

Headwinds can become Tailwinds so if the Fed cuts-Shutdown ends-FOMO from underperforming fund managers hit-yeah big 6 weeks:~)

Did You Know you can ask me your questions directly 1 on 1? Did you know you can run ideas you get elsewhere by me for my views?

You Can! Email me Jim at [optionprofessor@gmail.com](mailto:optionprofessor@gmail.com) OR Get #1 A Free Options Course #2 MY Ideas-Views #3 Free 1 on 1 Coaching

Use the LINK below to get started at 3 months for Only \$297 or 1 year for Only \$897 both discounted by \$100 bucks of list prices!

The END of the calendar year and the BEGINNING of the New Year can be Very Exciting---Don't Waste It---Get Started-Get My Text #

Thanks  
Jim

Here's some of the [BEST IDEAS from the Options Alerts](#) so far this year

On Alert	Expiration	Stock	Strikes	Cost	Price Hit	Max In the Mo 
4/6	May 16	Boeing (BA)	170C 100P	\$409	\$209	\$3900
4/27	June 20	NRG Energy (NRG)	125C 80P	\$325	\$160	\$3500
4/6	May 16	JP Morgan (JPM)	245C 145P	\$327	\$269	\$2400
5/4	June 20	Disney (DIS)	92C 60P	\$329	\$120	\$2800
5/4	June 20	Robinhood (HOOD)	60C 40P	\$273	\$77	\$1700
5/4	June 20	Trade Desk (TTD)	65C 40P	\$314	\$80	\$1500
5/4	June 20	Block Inc (XYZ)	52.5C 40P	\$206	\$65	\$1250
4/27	June 20	Taiwan Semi (TSM)	190C 120P	\$286	\$217	\$2700
4/20	June 20	Boeing (BA)	192C 120P	\$330	\$209	\$1700
4/20	May 30	Trade Desk (TTD)	60C 40C	\$352	\$80	\$2000

## - The Option Professor

- Questions or comments? Email [optionprofessor@gmail.com](mailto:optionprofessor@gmail.com)
- Weekly FREE Market Updates at <https://www.optionprofessor.com/blog/>

**REMEMBER** There is a risk of loss in all trading and it is not right for everyone. Consult your brokerage firm/broker/advisor to determine your own suitability. Past performance is not indicative of future results. Information and opinions provide are for informational purposes only. It is NOT advice.

Full OptionProfessor.com Terms/Disclaimers/Policies here:

<https://www.optionprofessor.com/policies/>

**Be sure to read the other recent Option Professor Alert ETFs [HERE](#):**

- 07/01/25 – Top 5 Stocks–June
- 06/26/25 – July Bitcoin Explodes? 2 IDEAS
- 06/19/25 – Top IDEAS on the Move!
- 06/12/25 – Stocks & Gold?? TOP Ideas?
- 06/05/25 – Metals Breakout–What’s Next?
- 05/27/25 – Stocks Soar-What NOW? Webinar
- 05/23/25 – 2 Top Options Ideas Now

REMEMBER There is a risk of loss in all trading and it is not right for everyone. Consult your brokerage firm/broker/advisor to determine your own suitability. Past performance is not indicative of future results. Information and opinions provide are for informational purposes only. It is NOT advice.

Full OptionProfessor.com Terms/Disclaimers/Policies here:

<https://www.optionprofessor.com/policies/>

OptionProfessor owners, guests, affiliates, and associates are real traders and investors and may hold the equities discussed in this report directly or indirectly through ETFs or other funds.

This report is for information and entertainment purposes only; trading and investing is extremely risky. We've made every reasonable attempt to ensure that the above information is accurate at the time of publication, but please do your own research. The reader bears sole responsibility for their trading and investing decisions. Please consult a qualified financial advisor for help with financial decisions.

TimingResearch may generate revenue from any link on the website, emails, reports, or any other content.

Statement Of Disclaimer: U.S. Government Required Disclaimer - Commodity Futures Trading Commission. Futures, option, forex and stock trading have large potential rewards, but also large potential risk. You must be aware of the risks and be willing to accept them in order to invest in the futures and options markets. Don't trade with money you can't afford to lose. This website/email is neither a solicitation nor an offer to Buy/Sell futures, options, forex or stocks. No representation is being made that any account will or is likely to achieve profits or losses similar to those discussed on this website. The past performance of any trading system or methodology is not necessarily indicative of future results.

CFTC RULE 4.41 - Hypothetical or simulated performance results have certain limitations. Unlike an actual performance record, simulated results do not represent actual trading. Also, since the trades have not been executed, the results may have under-or-over compensated for the impact, if any, of certain market factors, such as lack of liquidity. Simulated trading programs in general are also subject to the fact that they are designed with the benefit of hindsight. No representation is being made that any account will or is likely to achieve profit or losses similar to those shown.